## Prepper Terms, Acronyms and Lingo

(please post any additions as a reply & I'll add them to this OP)

- ...>> 550 Cord: see Paracord
- >> BOB: <u>Bug Out Bag...</u> generally a backpack containing items to help you survive if you had to leave your dwelling and find yourself on foot at some point. Typically stocked in accordance with the Rule of Threes (defined below).
- >> BBD: <u>Best By Date...</u> the date manufacturers place on a product through which they guarantee the product is fully potent nutritionally and the taste and texture conforms to the product in its natural state.
- >> BOL: <u>Bug Out Location...</u> a secondary location, often secluded, usually far enough away from one's current home to be considered safer during a SHTF (defined below) event.
  - >> BOV: Bug Out Vehicle
  - >> BSTS: Better Safe Than Sorry
  - >> Bug In: To stay at one's current location, usually "home."
- >> Bug Out: Evacuating from one's current location, usually "home," to a safer location.
  - >> CBRN: Chemical, Biological, Radiological, Nuclear
  - >> CCW: Concealed Carry Weapon
- >> CERT: Community Emergency Response Team... a U.S. local citizens corps group trained by FEMA to assist with local and regional disasters.
- >> CME: Coronal Mass Ejection... a significant release of plasma and accompanying electromagnetic field from the sun's corona in the form of a solar flare.
- >> CoC: Community of Choice... individuals we choose to associate with (friends, neighbors, select family members, those who share our goals/mindset/values/etc), rather than those we must associate with (family of origin, co-workers, team mates, etc.). In a survival sense, a CoC will typically have members carefully chosen for what they bring to the group in the way of preps, skills, and experience.
- >> EDC: <u>Everyday Carry...</u> those items one typically carries with them every day either on their person, in a purse, briefcase, tote bag, or in their vehicle.
  - >> ELE: Extinction Level Event
- >> EMP: <u>Electromagnetic Pulse...</u> a short burst of electromagnetic energy due to natural (lightening, coronal mass ejection, etc), man-made (electrical circuitry, power line surges, etc) or military weapon (a weapon grade bomb, often nuclear) event that causes current and voltage surges that damages electronics and computers.
  - >> EOD: End of Days

>> EOT: End of Times

>> EOTW: End of The World

>> EOTWAWKI: End of The World As We Know It

>> FAK: First Aid Kit

- >> Faraday Cage: a container (as small as a hand pouch all the way up to a multistory building) that protects electronics/computers from an EMP by blocking electric fields.
- >> FIFO: <u>First In First Out...</u> a method of inventory management, used often in food storage, to cycle inventory from oldest to newest.
- ... >> Food Fatigue: When the monotony of having the same foods over and over again causes one to lose the desire to eat; can result in weight loss, loss of muscle mass and death.
  - >> GHB: Get Home Bag
- >> Golden Horde: A term to reference the masses of unprepared urban dwellers that must flee the metropolitan regions once living conditions become intolerable.
  - >> GOOD: Get Out of Dodge
- >> Grid Down: When the network of electrical energy delivery and communications via high tension lines ("grid") has gone down in a wide-spread area, likely due to a massive solar flare (CME) or EMP; returning grid functionality will take years, if at all.

>> HEMP: <u>High-Altitude Electromagnetic Pulse...</u> see EMP

>> Hunker Down: see SIP

>> IFAK: Individual First Aid Kit

>> INCH: I'm Never Coming Home

>> JIC: <u>J</u>ust <u>I</u>n <u>C</u>ase

>> Kool-Aid: usually used in a pejorative manner, as in "Don't drink the Kool-Aid" when discussing a philosophy, attitude, mindset, etc.

>> LEO: <u>Law Enforcement Officer</u>

>> MRE: Meal Ready To Eat

>> NBC: Nuclear, Biological, and Chemical

>> NEMP: Nuclear Electromagnetic Pulse... see EMP

- >> OPSEC: Operational Security: protection mechanisms to safeguard sensitive information and preserve essential secrecy for safety purposes.
- >> Paracord: also referred to as 550 cord, is specially braided cordage made of multiple durable, lightweight nylon strings... the same material found in suspension lines of parachutes.

- >> PFAK: Personal First Aid Kit
- >> PREPPER...  $\underline{P}$  Prepare for most likely natural or man-made disaster...  $\underline{R}$  Respond without fear...  $\underline{E}$  Evaluate every possible scenario...  $\underline{P}$  Pack like you won't have supplies for a year...  $\underline{P}$  Plan for the unexpected...  $\underline{E}$  Envision a good outcome....  $\underline{R}$  Remember to have hope.
- >> Rule of Threes: You can't last much longer than THREE MINUTES without air... You can't last much longer than THREE HOURS without being able to control your body temperature (clothing, shelter & fire)... You can't last much longer than THREE DAYS without water (water straw, purification tablets, water filter)... You can't last much longer than THREE WEEKS without food.
- >> Seed Bank: Also called a Seed Vault. A collection of food seeds that are a) non-GMO, b) heirloom, not hybrid, and c) are packaged in such a manner as to have a long shelf life, 3-5 years minimum for consumers. May also refer to government/university seed collections meant to preserve genetic diversity and safeguard crops, plants and trees from extinction.
  - >> SHTF: Shit Hit The Fan
- >> SIP: Shelter In Place... see also Bug In, but may also describe having to stay where you are –work, relative's or friend's home, school, mall, etc– when a SHTF event occurs
- >> Survival... $\underline{S}$  Size up: situation, surroundings, physical condition, gear...  $\underline{U}$  Use all your senses...  $\underline{R}$  Remember where you are...  $\underline{V}$  Vanquish fear and panic...  $\underline{I}$  Improvise and improve...  $\underline{V}$  Value living...  $\underline{A}$  Act like the natives...  $\underline{L}$  Live by your wits
  - >> TEOTWAWKI: The end of the world as we know it
  - >> TPTB: The Powers That Be
- >> Two is One, One is None: Owning just 'one' of a crucial survival gear begs for that one piece to break, be lost, or be "liberated" by a Bad Guy... always have a backup in case the first one isn't available.
- >> WROL: <u>Without Rule of Law...</u> a situation in which the police and all institutions that uphold the law have lost or abandoned control... a lawless environment.
  - >> YMMV: Your Mileage May Vary
  - >> YOYO: You're On Your Own

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